University of Minnesota

Assent to Participate in Research Ages 12-17

Title of Research Study: Ten Thousand Families Study (STUDY00000877)

Investigator Team: Logan G. Spector, PhD, Principal Investigator

Sponsored By: Co-sponsored by University of Minnesota Masonic Cancer Center, the Coordinating Center for Biometric Research, and the University of Minnesota Academic Health Center.

Researcher Name: Logan G. Spector, PhD
Department of Pediatrics
Phone Number: 612-626-2902
Email Address: spector@umn.edu

Study Staff (if applicable): Andrea Hickle, MPH
Phone Number: 1-866-434-9879
Email Address: TenKFS@umn.edu
Version: May 23, 2019

What is health research?
Health research is research that focuses on improving the quality of life and extending the life of those with illnesses. Research consists of making educated guesses called hypotheses about how the world works and testing those hypotheses by collecting data. The goal is to learn new things about our world.

Why am I being asked to take part in this research study?
You are being asked to take part in this research study because someone in your family is also participating. Researchers will use the information from your family to learn why some people get diseases and others stay healthy.

What should I know about being in a research study?
You do not have to be in this study if you do not want to do so. It is up to you if you want to participate. Talk to your parent about any questions or concerns you have about the study. You can agree to take part and change your mind later. If you decide you do not want to be in this study, no one will be mad at you. You can ask all the questions you want before you decide.

Why is this research being done?
In this study, we want to find out more about staying healthy.

How long will the research last?
10,000 Families is an on-going study and will continue as long as you and your parent agree.

What happens if I say “Yes, I want to be in this research”?
We will do the following:

- Measure your height, weight and waist
- Check your hearing, heart and blood pressure
- Collect from you some hair, fingernails or toenails
- Collect from you some blood (optional)
- Collect from you some saliva (also called spit)
- Measure your hand strength
- Collect from you some urine
Is there any way being in this study could be bad for me?
We will ask your parent to complete some questions about your health which could cause you to feel uncomfortable. We will ask you about smoking, drinking, drug use, diet and physical activity, which might make you feel uncomfortable. You do not have to answer any question that makes you feel uncomfortable. We will ask for a blood sample. Drawing blood can cause bruising, pain, fainting, temporary bleeding or infection may occur as a result of the blood draw. You do not have to complete the blood draw.

What happens to the information collected for the research?
The researchers will share your information, including research study records, to only those people who need to review it. For example, sometimes researchers need to share information with the University or other people that work in research to make sure the researchers are following the rules.

Who can I talk to?
For questions about research appointments, the research study, research results, or other concerns, call the study team at:

<table>
<thead>
<tr>
<th>Researcher Name: Logan G. Spector, PhD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Pediatrics</td>
</tr>
<tr>
<td>Phone Number: 612-626-2902</td>
</tr>
<tr>
<td>Email Address: <a href="mailto:spector@umn.edu">spector@umn.edu</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Study Staff (if applicable): Andrea Hickle, MPH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone Number: 1-866-434-9879</td>
</tr>
<tr>
<td>Email Address: <a href="mailto:TenKFS@umn.edu">TenKFS@umn.edu</a></td>
</tr>
</tbody>
</table>

This research has been reviewed and approved by an Institutional Review Board (IRB), a group of people that look at the research plan before it starts. This group is part of the Human Research Protection Program (HRPP). To share concerns privately with the HRPP about your research experience, call the Research Participants’ Advocate Line at 612-625-1650 or go to www.irb.umn.edu/report.html. You are encouraged to contact the HRPP if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team or your parents.
- You have questions about your rights as a research participant.
- You want to get information or provide feedback about this research.

Signature Block for Child Assent

Signature of child ___________________________ Date ___________________________

Printed name of child ___________________________

Printed name of person obtaining assent ___________________________ Date ___________________________

Signature of person obtaining assent ___________________________